

Daily Affirmation for Manifesting Abundant Energy

Today is going to be an amazing day.
I can feel it in every cell of my body.
From the tips of my toes to the top of my head - my body and mind are energized.
My body and mind are energized.
And I am fully charged to take on this day.
Today I recognize and accept my worth.
Every cell in my body is worthy and deserving of vitality.
Every breath that I take energizes me.
Every step that I take invigorates me.
I face this day with courage, strength and vitality.
I am excited about life and what this day has to offer.
I am curious and excited to be alive!
Today I am happy and grateful - for life is a gift and I'm open to receive this blessing.
I am stronger than any obstacle, fear or challenge that comes my way.
I am a part of something much larger than myself.
And I approach life with determination and enthusiasm.
I will eat well. I will stay hydrated. I have all the energy I need, when I need it.
I have all the energy I need, when I need it.
Today is an amazing day.
I am connected. I am protected. I am guided. I am safe.
I establish my divine presence on earth.
I accomplish my divine presence on earth.
I establish my divine presence on earth.
I accomplish my divine presence on earth.
I do so with love, vitality and gratitude.
I do so with love, vitality and gratitude.
I have all the energy I need, when I need it.
I have all the energy I need, when I need it.
And this is going to be an amazing day.
Thank you.

♥ Laugh • Sing • Dance • Play • Eat • Heal • Love

Never let any medical diagnosis stop you from pursuing the best health possible!

